

## AMBA YOGA CENTER of Smithtown

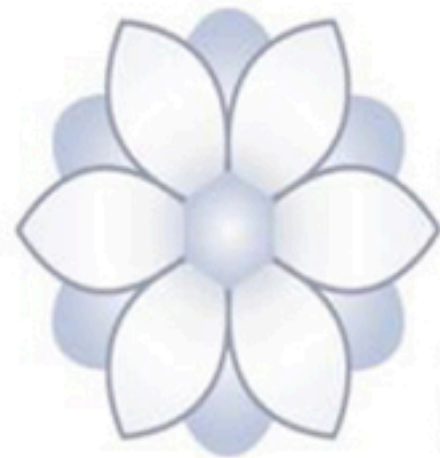
*The Yoga Center with Small Classes & Personal Attention*



It's not gym yoga,  
hot yoga, cult yoga,  
yogarobics, yoga-  
light, or yoga-less.  
It's real hatha yoga  
taught by real yoga  
teachers in a warm,  
intimate setting.

**Iyengar and  
Vinyasa Yoga**

**For beginners and  
experienced students.  
And everyone  
in between.**



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